**Table 1: Inclusion, exclusion criteria and definitions of individual terms**

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| Eligibility criteria  All original interventional or observational studies evaluating day case discharges following nasal and/or palatopharyngeal surgery in adult patients with OSA |
| Exclusion criteria   * Studies that did not provide information on discharge * Studies reporting nasal and/or palatopharyngeal surgeries that were performed under local anaesthetic (LA), whether in an operating theatre or outpatient/office setting * Studies that reported procedures that involved only tongue or mandible or insertion of devices * Studies not available in English * Children or animal studies * Review articles, conference abstracts, expert opinions or recommendations, letters/commentaries, case reports |
| Definitions of individual terms   * Day case: Patient discharged on same day following surgery (no overnight stay in hospital) * OSA: Either confirmed diagnosis through polysomnography/oximetry or suspected/presumed diagnosis through screening tools such as STOP-BANG score * Nasal surgery (NS): Any surgery involving external nose or nasal cavity * Palatopharyngeal surgery (PS): Any surgery involving soft palate, nasopharynx, oropharynx and laryngopharynx. |